



Swimzine

www.swimexcell.co.uk

No.2 MARCH 2012 OLYMPIC YEAR
SWIMEXCELL ESHER SC - KEEPING YOU UP TO DATE WITH
ALL THE NEWS

CALENDAR

MARCH	SAT 3 rd	Surrey Championships 100s/200s @ Guildford Spectrum
	SUN 4 th	Surrey Championships 100s/200s @ Guildford Spectrum
	SUN 11 th	Surrey Championships 50s @ Crystal Palace
	SAT 17 th	Surrey Championships 100s/200s @ Guildford Spectrum
	SUN 18 th	Surrey Championships Relays @ Crystal Palace
	TBC	Surrey Youth Games Trial

SWIMEXCELL SWIMMERS BREAK NEW GROUND

Another first has been recorded for the Club, this time by two swimmers, in the Surrey County Championships yesterday Sunday 4th March. In the Boys 200 fc Daniel Marriott won a ribbon for finishing 8th smashing his previous pb by a massive 12 seconds while in the Boys 200 IM Matthew Hall took off a BIG six seconds to finish 6th in his age group. Well done Daniel and Matthew. **Good Luck** to the eight swimmers competing in the Surrey Sprints next weekend @ Crystal Palace.

MARCH BIRTHDAYS

Happy Birthday: Angus B, Emma B, Lisa C, Craig C, Julia E, Ben F, Giulia, Daisy, Chrissie M, Ollie M, Eleanor W, Hannah W, Georgie M. What a popular month!

FINS

WANTED/FOR SALE

Email ps@shspost.co.uk with your requirements

HEADS UP

As an extension to the commemorative hats given to those swimmers who qualified for the 2012 Surrey Championships individual events. For those swimmers who reach the Regionals and the Nationals will receive a silver and gold hat respectively. Who will be the first for SWIMEXCELL?

Thursdays Training

Please note with immediate effect swimmers are expected to be on poolside at Elmbridge Xcel at 6.10pm session starts at 6.15pm

CLUB NIGHT - SUNDAYS

