

FUN GALA & PIZZA – WRITE UP BY ELLIE BENCH

BIRTHDAYS:

JULY : - REBECCA MUNRO, FELIX WARREN, MARTHA DAVEY, MARK ETMAN, WILL HARVEY, ALEX HOWITT, DANILE MARRIOTT, LUKE MELLORS.

AUGUST: - CRAIG CLOHERTY, ANNA DAVEY, AJAY DIVAKHARAN, THARSHIKA DIVAKHARAN, MEGAN HEDGES, LAUREN WOOLHOUSE

FINS FOR SALE – SIZE 40-41(3-4) £5

STAINES MEET 13/14 JULY 2013

The Staines Level 3 Open Meet held at Xcel Walton on Thames is one of our 'local' meets held at a familiar pool, one where we train at twice a week. For SWIMEXCELL swimmers it should be coming a veritable home for home. This year it was the hottest two days of the year, nevertheless out of six swimmers a total of 48 secs was taken off times and two medals were won along with seven top 8 swims registered.

Also Georgia Manhire should be congratulated as she was selected to play basketball for the South of England and the team came runners up in a tournament, she then came onto the Staines Meet and took off 5 secs from her 50m backstroke, that's commitment for you!! Well done

Swimmer of the month

June 2013 MARYSCHOFIELD

July 2013 zoe summerell

Sent out recently – hope you got THEM ALL INCLUDING

AGM REPORTS