



SOCIAL MEDIA.....

.....BEWARE!

Social networking sites are a great way to communicate and stay in touch but please remember the following:

- Social network sites should never be used as a medium by which to abuse or criticize other members. Never post or send any photographs, videos or make comments that may be:
 - hurtful, untrue and upsetting and you may regret sharing later on;
 - used by other people in a way you did not intend or want.
- Social networking technology is instant and this allows you as the user to react in the 'heat of the moment' – think before you send! If in doubt a suggestion is to leave for while before sending it, then go back to it and re read it.
Never place a comment on the internet that you would not put in writing or say to the individual concerned face to face as to do so may not only be a crime under English Law, but in breach of ASA Code of Conduct Policy
- Always consider that any communication, comments, photos and video clips posted on a social networking site may be shared with persons other than those for whom it was intended.
- Do not put pictures of other club members on the site within the club setting as you may breach the ASA Photography Guidance. If you do wish to upload a picture you must get advice and consent of your parent, the other young person and their parent and a club officer before even considering uploading a photo.
- Did you know that the recipient of a text message, then owns that text to do what they wish, however if the recipient then sends that same text to a third party(s), they are then in breach of English Law by performing a cyber crime.

**LIZ CORRIGAN
WELFARE OFFICER
SWIMEXCELL ESHER SC**